

HOT & COLD

Choreographed By: Audrey Watson (Scotland)

Choreographed to: Hot'n'Cold by Katey Perry from One of the boys cd, available from iTunes
64 Count – 2 Wall -Easy Intermediate Dance – Intro: 8 Counts – BMP 128

This dance was written for Sherrieann and Katie from The Centre Liners - Stranraer

SECTION ONE: SIDE TOUCH, ¼ TURN TOUCH, SIDE TOUCH, ¼ TURN TOUCH.

1-2 Step right to right side, touch left next right.

3-4 Turn ¼ right stepping left to left side, touch right next left.

5-6 Step right to right side, touch left next right.

7-8 Turn ¼ left stepping left to left side, touch right next left.

SECTION TWO: FWD FWD, BACK BACK, ARMS UP, KNEE BENDS.

1-2 Step right foot forward, step left foot forward (Shoulder width apart)

3-4 Step back on right foot, step back on left.

5-6 Point both arms straight up above head, place arms back in place.

7-8 Bend both knees, straighten up.

RESTART THE DANCE HERE ON WALL 3 – FACING FRONT WALL

ADD 4 COUNT TAG HERE ON WALL 7 RESTART DANCE FROM BEGINNING – FACING BACK WALL

SECTION THREE: KNEE POPS - IN, OUT, IN, KICK, BEHIND SIDE, CROSS SHUFFLE..

1-2 Turn right knee in, turn right knee out.

3-4 Turn right knee in, kick right foot out to right side.

5-6 Cross right behind left, step left to left side.

7&8 Step right over left, step left to left side, cross right over left..

SECTION FOUR: STEP, ¼ TURN, FWD SHUFFLE, ½ TURN BACK SHUFFLE, SIDE ROCK.

1-2 Step left to left side, turn ¼ right stepping right to right side.

3&4 Shuffle fwd on left, right, left.

5&6 Turn ½ left shuffle back on right, left, right.

7-8 Rock left to left side, recover on right.

SECTION FIVE: CROSS SIDE, COASTER STEP, CROSS SIDE COASTER STEP.

1-2 Cross left over right, step right to right side.

3&4 Step back on left, step right next left, step fwd on left.

5-6 Cross right over left, step left to left side.

7&8 Step back on right, step left next right, step fwd on right.

SECTION SIX: STEP HOLD & STEP HOLD & STEP KICK, SAILOR ¼ TURN

1-2 Step fwd on left, hold for a beat.

&3-4 Step right next left, step fwd on left, hold for a beat.

&5-6 Step right next left, step fwd on left, kick right foot fwd.

7&8 Turn ¼ right stepping right behind left, step left to left side, step right to right side.

SECTION SEVEN: STEP POINT, BACK POINT, CROSS ¼ TURN, ¼ TURN, POINT.

1-2 Step fwd on left, point right toe to right side.

3-4 Step back on right, point left toe to left side.

5-6 Cross left over right, turn ¼ left stepping back on right.

7-8 Turn ¼ left stepping left to left side, point right toe to right side.

SECTION EIGHT: FWD FWD, BACK BACK, ARMS UP, KNEE BENDS.

1-2 Step right foot forward, step left foot forward (Shoulder width apart)

3-4 Step back on right foot, step back on left.

5-6 Point both arms straight up, place arm back in place.

7-8 Bend both knees, straighten up.

ADD 4 COUNT TAG HERE ON WALL 6 – FACING BACK WALL

TAG: ROCKING CHAIR. TO BE ADDED AT THE END OF WALL 6 & AFTER 16 COUNTS ON WALL 7

1-2 Rock fwd on right, recover back on left.

3-4 Rock back on right, recover fwd on left.